

International Baccalaureate Form CAS/AEF

CAS: activity/project self-evaluation form

SUBMIT TO: **ACTIVITY/PROJECT LEADER**

SESSION: **May 2010**

SCHOOL NUMBER: 0381

SCHOOL NAME: .Bonita Vista High School **C A S (circle one)**

The following questions should be addressed at the end of each activity/project. These are guiding questions. Candidates can either answer on this form or write a reflective, continuous text incorporating responses to these questions. Type the information or write legibly using black ink.

CANDIDATE SELF-EVALUATION

CANDIDATE NAME: _____

CANDIDATE SESSION NUMBER: 0381-

NAME OF ACTIVITY/PROJECT: NO OF HOURS (APPROX):

1. Summarise what you did in this activity/project and how you interacted with others.

2. Explain what you hoped to accomplish through this activity/project.

3. How successful were you in achieving your goals? What difficulties did you encounter and how did you overcome them?

4. What did you learn about yourself and others through this activity/project? What abilities, attitudes and values have you developed?

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SCHOOL NAME Bonita Vista High School

5. How did this activity/project benefit others?

6. What might you do differently next time to improve?

7. How can you apply what you have learned in other life situations?

Candidate's signature: Date:.....

To be completed by the activity/project leader

Punctuality and attendance: _____

Effort and commitment: _____

Further comments: _____

The activity/project was (circle the desired response):

Satisfactorily completed Not satisfactorily completed

Activity/project leader's name:

Activity/project leader's signature: Date:

